

For the Sake of Your Love

קוּמָה עֲזַרְתָּהּ לָנוּ וּפְדֵינוּ לְמַעַן חַסְדֶּךָ

Kumah ezratah lanu u'f'daynu l'ma'an chasdecha

Arise and help us; free us for the sake of Your Love. (Psalm 44:27)

Because of our hurts, disappointments, ambitions and fears, we can get caught in cycles of violence, grudges or revenge. It is only the loving presence of the Divine within us that can ultimately free us from those traps. As that Divine love rises up within us and between us, we are liberated from small-minded grievances and sent to an expanded state of profound forgiveness.