

The God-Field

הַבּוֹטָאֵךְ בֵּי יְהוָה יִסּוּבְבֶנּוּ

HaBotayach ba'Adonai chesed y'so'v'venu (Psalm 32:10)
The one who trusts in God will be surrounded with loving-kindness.

Trusting in God means that my heart rests in the deep knowing of my ultimate safety. (Yes, even Death is safe!) I relax and know that I am connected to an infinite resource that I can call on to deal with whatever might emerge in this moment. When I take off my armoring, and my heart opens, I receive the grace that is always flowing. That Divine flow fills my energy field, and protects me with an aura of kindness, a God-field that surrounds me.