

Sim Shalom - Blessing

שִׁים שְׁלוֹם טוֹבָה וּבְרָכָה, חַן וְחֶסֶד וְרַחֲמִים

Sim Shalom, tova u'vracha, chayn, vachesed, v'rachamim

Grant us peace, goodness, grace, love and compassion! (liturgy)

This prayer was the ancient response of the congregation to the Priestly Blessing during the time of the Second Temple when the *Kohanim* did not pause between each of the three parts, as in synagogue worship.

At the end of the *Amida* (the standing silent prayer), we receive the blessing of our prayerful state, take those blessings in deeply, and begin to send them out to the world, sharing the bounty with all who are in need. We thus become channels for peace, goodness, grace, love and compassion.