

## Rising To Open - Kamti

קמתי אני לפתח לדודי

*Kamti ani liftoach l'dodi*

I will open to you my beloved; will you open, open to me?  
I rose to open to my love. (Song of Songs 5:5)

The moment has come. We rise in order to open to the blessings and challenges of this moment. The inner gesture of rising to this moment is absolutely necessary if we are to open to what life is offering.

The English part that I added to this verse, expresses both my commitment and a sense of vulnerability. I ask for a Divine reciprocity in this opening. With each repetition of the chant I strengthen my commitment to open, and also become more receptive to the Divine response (through the world) that is opening to me.