

One Alone: *Achat hi*

אַחַת הַיָּא יוֹנָתִי תַמָּתִי
אַחַת הַיָּא לְאִמָּה בָּרָה הִיא לְיוֹלְדָתָהּ

*Achat hi yonati tamati,
achat hi l'imah bara hi l'yola'd'tah*
(One Alone)

One alone is my dove, my perfect one,
One alone so luminous in her mother's heart. (Song of Songs 6:9)

This is a love-song celebrating Unity consciousness. Though Reality appears to us as multiplicity (sixty queens, eighty concubines, young maidens beyond number), the awakened inner eye knows and sees it All as One, sourced in and emanating from the Great mother-womb of Being.