Let Us Run Together

מִשְׁכֶנִי אָחֲרֵיךּ נְּרֵוּצָה Moshkayní acharecha narutzah

Take me with you, let us run together! (Song of Songs 1:4)

Sometimes I think of myself as someone who has an idea... and then I want to "run with it." My enthusiasm for life and for the creative process just kicks in. With this practice, I am saying to God, "Let's run together!" Be with me as my joy, as my spacious awareness. Let me know You as the mystery that draws me into this next adventure, and accompanies me through every danger.