



Rabbi Shefa Gold



Please note NEW dates:

Friday – Sunday, November 20 – 22, 2020

Shabbaton and Retreat with Rabbi Shefa Gold "Healing into Action"

Nahalat Shalom is sponsoring a three day Shabbaton and Retreat on Zoom with Rabbi Shefa Gold. After eight months of pandemic, the continuing outcries for racial justice and ongoing concerns about the election, we realize that we need the deep wisdom and healing that Rabbi Gold offers. She will lead us through four steps of "Healing into Action" during the weekend.

Registration

Registration is required for this opportunity to come together and heal in community. Please register by sending an email with your first and last name and the email you use for Zoom to:

Registernahalat@gmail.com

You will receive the zoom link for all four sessions within a week of registering. Please contact office@nahalatshalom.org or call 505-343-8227 with questions about the retreat. For learn more about Rabbi Gold, please visit www.rabbishefagold.com.

Donation and Support

Nahalat Shalom feels that it is important to offer this event without a fee so that everyone can attend without financial burden. However, **donations are greatly appreciated** to help Rabbi Gold and Nahalat Shalom continue to provide spiritual guidance.

Please consider a donation in the range of support that you are comfortable with: \$72 - \$108.

Visit our website www.nahalatshalom.org and click **DONATE HERE**

(Choose "Retreat" in Additional Information screen.)

These are the steps that we take on this journey from Healing into Action:

1

**Friday, November 20
7:00 - 9:00 pm, MT**

**Receiving Blessing and
Coming into Gratefulness**

2

**Saturday, November 21
10:00 am - 12:30 pm, MT**

**Facing Challenges and
Honoring our Pain**

3

**Saturday, November 21
4:00 - 6:00 pm, MT**

**Transforming our Perception
and Embracing Paradox**

4

**Sunday, November 22
10:00 am - 12:00 noon, MT**

Overflow

"I see this process as a spiral dance that keeps sending us towards connection, collaboration and energizing hopefulness."

Rabbi Shefa Gold