## Divine Embrace — S'molo

שְׁמֹאלוֹ תַּחַת לְרֹאשִׁי וִימִינָו תְּחַבְּקַנִי Smolo tachat l'roshí, vímíno t'chabkayní Hís left hand beneath my head, Hís ríght arm embracing me (Song of Songs 2:6) I am resting ín thís Dívíne embrace , oh tímeless tíme and placeless place!

When I can relax, and feel held, and lean into a sense of ultimate Divine support, then I touch the place within me that is beyond this small identity, that includes and yet transcends this particular time and place. I open to the realm of timeless Being where I am nurtured, reconnected to my soul identity, recharged and the sent on the path of self-realization.

For me this is a description of Shabbat consciousness.

It is circular: The more that I feel that Divine support, the more that I can relax; the more that I relax, the more that I can open; the more that I can open, the more that I receive God's support.

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