

For in Joy

כִּי-בְשִׂמְחָה תֵצְאוּ וּבְשָׁלוֹם תִּוְכְלוּן

Kí v-símcha tate-tzay-oo,

Oo-v-shalom toovaloon. (Isaiah 55:12)

For in joy will you go out,
In peace be led across the Land,
Mountains and hills will burst into song,
And the trees of the field will clap their hands
(CLAP!)

This is a practice that sends me to my life! It is joy that moves me into the world and it is joy that opens my ears to the song that Creation is singing.