

# Sing Your Joy

וּרְנְנוּ וְזָמְרוּ

זָמְרוּ לַיהוָה בְּכִנּוֹר בְּכִנּוֹר וְקוֹל זָמִרָה

V' ran'nu v'zamayru,

Zamru l'Yah b'kinor, B'kinor v'kol zimra

(Psalm 98:4-5)

Sing your joy, and chant, connect with joy to God,  
With the harp and the sound of chanted praise!

Our heartfelt expression is what connects us to God, the Great Mystery. Melody can unlock the portals of connection. Yet we each have to find the God-spark deep within and send it forth with force and intention and curiosity and chutzpa, connecting that spark to its source. The joy that we sing is not a superficial passing emotion, but rather the authentic yet buried Divine essence that makes us who we are.