

Pathway of Covenant

קול דודי דופק פתחי-לי
אחתי רעיתי יונתי תמתי

Kol Dodi Dofek, Pitchi-li
Achoṭi, Rayati, Yonati, Tamati

The voice of my Beloved is knocking, Open to me!
My Sister, my Friend, my Dove, my Pure One. (Song of Songs 5:2)

My Beloved is knocking at the door of my heart, saying “Let me in, open to me; You have shut me out; you have locked the door.” And I am knocking at the door of a larger Reality saying “Let me in, open to me; I have been imprisoned here in my dream of separation.”

With this practice we establish a pathway of covenant through four stages of connection:

- My sister — my own flesh — my secret identity in God revealed to me as myself.
- My Friend — love stirring in me and reaching out to the Divine Other.
- My Dove — my special and precious one- my heart begins to melt in the sweetness of encounter and connection.
- My Pure One — I melt into the One who has embraced me.