

Accessing the Highest

וְאָזַמְרָה שֵׁם־יְהוָה עֲלִיּוֹן

Va'azamra Shaym-Havaya Elyon (Psalm 7:18)

I will sing praise so that I may know the highest Essence of Divine Existence.

When I chant, I can lift myself up into a soul perspective and enter into the highest level of perception of and communion with the One. Instead of just focusing on the content of my Life's drama, I can glory in the miracle of existence itself.

The four letter name of God is unpronounceable, just as the Divine is unfathomable. When I chant, the music, rhythm and intention lift me up beyond Reason, and connect me with a Mystery. There I can experience the Essence of soul which was there before "I" was born and will be there beyond death.