



Shir Ha Yam

Rabbi Shefa Gold workshop :

Building the Holy Place
An afternoon of chanting and meditation

Sunday March 5 1-5pm

Lawrence Jewish Community Center Library
4126 Executive Dr, La Jolla, CA 92037

As we cultivate connection between us in spiritual community,
we must also do the work of creating holy connection inside our hearts.

It is that inner work which will form the foundation for our work in community. In this experiential workshop we will study the model of the Mishkan in the Book of Exodus as the key to our liberation, as we build a place for God to dwell within us, between us and among us.

Rabbi Shefa Gold is a leader in Aleph: Alliance for Jewish Renewal. She received her ordination both from the Reconstructionist Rabbinical College and from Rabbi Zalman Schachter-Shalomi. Shefa is a composer and performer of spiritually oriented music and has produced eight albums. Her liturgy has been published in several new prayer books. In addition to her musical contribution, Shefa has been developing the theory and art of Chanting and the practice of silence in the context of Jewish tradition. Having had a background and training in a number of spiritual traditions (Buddhist, Christian, Islamic and Native American), she is uniquely qualified as a spiritual bridge, appreciating diversity, celebrating the shared path of devotion. She has been serving as a consultant to congregations across the country, teaching leadership and community-building skills, spiritual practice, and an experiential and personal approach to Torah and liturgy.

Please RSVP by Feb 28th For more information contact David -davidrafsky@att.net

Registration: \$26 for Shir Ha Yam members \$36 for non- members. Please send your contribution for this workshop to: **Shir Ha Yam** 4618 Rueda Dr, San Diego, CA 92124