## בeart-seal שִׁימֵנִי כַחוֹתָם עַל־לְבֶּׁךְ

Simayni chachotam al libecha (Song of Songs 8:6) Set me as a seal upon your heart.

When God, my Beloved instructs me to place the sign of Divinity on my heart, I take it as an opportunity to lay my heart bare and surrender to the truth of my inner identity. With this practice I receive the imprint of God's love, and I surrender to that love.

## Rabbi Shefa Gold





