

# Let My Glory Sing

by Rabbi Shefa Gold

יִזְמְרֶךָ כְּבוֹד וְלֹא יִדָּם

Y'zamercha chavod v'lo yidom (Psalm 30:13)

Let my glory sing to You and not be silenced.

This is a practice of devotion, of finding the glory inside and pouring it out to God. Before you begin, examine what it is that silences that glory... Is it self-doubt, living in your head, being distracted, unforgiving or drained of passion? Has your glory been silenced by grief, cynicism or the fear of how you might sound or appear to others? Once you have made this discernment, look beneath the obstacle and find within you that glory that wants to be acknowledged and celebrated. As you chant, let the spark of God in you be fanned into glorious flame.