

Shining

by Rabbi Shefa Gold

קוּמִי אוֹרֵי כִי - בָּא אוֹרְךָ וּכְבוֹד יְהוָה עָלֶיךָ זָרַח

Kumi orí kí va oraych u'ch'vod Adonái alayích zarach (Isaiah 60:1)

Arise and shine for your light has come,
and the Glory of God is shining upon you.

I chant these words at sunrise, letting the slanted rays of the sun awaken my own hidden light. The sun becomes my teacher, as I learn to shine. In awakening my own light I am better able to see and call forth the light in others and to celebrate their light.