Send me!

by Rabbí Shefa Gold

## אֶת–מִי אֶשְׁלַח וּמִי יָלֶדְ–לָנוּ יִ הְנְנִי שְׁלַחָנ

Et-mí eshlach u'mí yelech lanu? Hín'ní sh'lachayní (Isaíah 6:8) Whom shall I send, and who shall go for us? Here I am. Send me.

This is a practice of listening to "the call," and responding. When I hear the question, "Who shall go for us?" I wonder who that "us" might be. As I step forth to fulfill my unique mission, I am doing this first for myself (because I must) and then for all those who need to hear my voice, for all those who do not yet found their voice, for all those who do not feel heard and have not found their way into the Great Conversation. I come into the fullness of my presence and then go forth for all of us. We depend on each other. My going forth will inspire others to also find their own voice, mission, power and destiny.

As you develop this practice, I suggest you begin by just chanting the question, allowing the answer to well up within you. Then let your willingness to be present and be deployed burst forth in response to "the call."