Re-Membering

by Rabbí Shefa Gold

לַיהוָה הָאָרֶץ וּמְלוֹאָה תֵּבֵל וְישְׁבֵי בָה

Ladonay ha'aretz um'loah, tevel v'yoshvay va (Psalms 24:1)

The earth and all that fills her, and all who dwell in her... all belong to God.

With this practice we acknowledge everything and everyone as part of the Divine Body. And we surrender to the One who encompasses our very being. Our intention is to re-member, to acknowledge just how integral we are to the Whole of God, to the community of All, to each other.