

Manifesting Torah

by Rabbi Shefa Gold

לְלַמֵּד וּלְלַמֹּד, לְשָׁמֹר וּלְעָשׂוֹת וּלְקַיֵּם

Lilmod u'l'lamayd lishmor v'la'asot u'l'kayaym

To learn and to teach, to uphold and to practice and to
manifest

As we approach the Sh'ma, we increase the power of our receptivity and presence by making a commitment to Torah/Wisdom. Our commitment is not just to learn, but to teach... not just to teach, but to uphold.... Not just to uphold, but to practice.... And not just to practice, but to manifest Torah in our lives and in our world.