

# Go Within Us

by Rabbi Shefa Gold

יְלֵךְ נָא - אֲדֹנָי בְּקִרְבָּנוּ

Yelech na Adonay b'kirbaynu

Please God, Go within us. (Exodus 34:9)

In the Book of Exodus, which tells the story of our journey to Freedom, Moses realizes that the only way to accomplish this journey and reach The Land of Promise is for God's Presence to be within, between and among us as we go. Even after all the trouble of the Golden Calf, the murmurings and rebellions... Moses knows that it is only this "innerness" that makes our holy journey worth all the bother.

I address myself to You, God - the Great Mystery, with the knowledge that, "I can't and don't want to do this without You!" In the silence after the chant, I make a place inside me for that Divine Presence to dwell.