

The Cornerstone

by Rabbi Shefa Gold

אֶבֶן מֵאֲסוּ הַבּוֹנִים הִיְתָה לְרֹאשׁ פִּנָּה

Even ma'asu habonim ha'y'tah l'rosh pinah (Psalm 118:22)

The Stone the builders rejected has become the cornerstone.

The people who have been marginalized by our society seem to carry the voice of prophesy for us all. The part of my own psyche that has been rejected, likewise holds the key to my nascent power.

This is a practice of identifying that “stone”- the part of us that has been pushed aside, devalued, maligned or rejected ... and then raising that part up as the gift that I might reclaim and refine.