

Awakening Compassion

by Rabbi Shefa Gold

מִי יִכִּין לְעֵרֵב צִידוֹ כִּי - יִלָּדוּ אֶל - יִשְׁוּעוּ

Mi yachin la'orev tzaydo ki y'ladav el el y'shavay'u (Job 38:41)

Who prepares nourishment for the raven when its young ones call out to
God?

This practice calls forth from each of us, the Divine quality of compassion for all creatures who are calling out in hunger, yearning or despair. We also open to the parts of ourselves that are calling out for tender consideration and care.