

Beloved

by Rabbi Shefa Gold

אֲנִי לְדוֹדִי וְדוֹדִי לִי

Ani l'dodi v'Dodi li (Song of Songs 6:3)

I am my Beloved's and My Beloved is mine

God as this world holds me in Her loving embrace. I belong to The Whole. I am an integral aspect to Everything-that-is. I belong. And that wondrous mystery I call God is central to all I see, all I do, all I know, all I am. With this chant I raise up my awareness and attune my vibration with the truth being totally accepted, and totally beloved... flowing with the Divine Will, lifted up into the arms of the Infinite.