

Heart-seal

by Rabbi Shefa Gold

שִׁמַּיְנִי כַּחֲוֹתָם עַל-לִבֶּךָ

Simayni chachotam al libecha

Set me as a seal upon your heart.

(Song of Songs 8:6)

When God, my Beloved instructs me to place the sign of Divinity on my heart, I take it as an opportunity to lay my heart bare and surrender to the truth of my inner identity. With this practice I receive the imprint of God's love, and I surrender to that love.