

A River Flows from Eden!

Canoe Trip through Labyrinth Canyon of the Green River, Utah

**with Spiritual Guide Rabbi Shefa Gold
& River Guide Eli Herb**

August 15–21st, 2012

Cost: \$1500

(Limited to just 18 blessed souls.)

- ✧ We will be floating 70 miles from the town of Green River, Utah to Mineral Bottom, in two person canoes through pristine wilderness. A large gear boat will carry a full koshered river kitchen and everything we need.
- ✧ The staff of Deer Hill Expeditions will be caring for our physical pleasures and comforts while we explore the spiritual Wisdom of The River—our teacher of Flow, Nourishment, Depth, Transformation, Purification, Birthing and Love.
- ✧ We will chant, meditate, study, daven, and celebrate a glorious Shabbat in the shade of cottonwoods, and towering red-rock canyon walls. Bighorn sheep, beaver, blue heron and peregrine falcons will be invited to join our minyan and the River herself will murmur AMEN!

Rabbi Shefa Gold is the director of C-DEEP: The Center for Devotional, Energy & Ecstatic Practice in Jemez Springs, New Mexico. Shefa combines her grounding in Judaism with a background in Buddhist, Christian, Islamic, and Native American spiritual traditions to make her uniquely qualified as a spiritual bridge celebrating the shared path of devotion. She is the author of Torah Journeys: The Inner Path to the Promised Land, and In the Fever of Love: An Illumination of the Song of Songs published by Ben Yehuda Press.

Eli Herb is a Rabbinical student at Hebrew College in Boston, Massachusetts. Born and raised in central Colorado, he has been participating in and leading wilderness expeditions since 1976. Eli holds certifications as a Wilderness First Responder through Wilderness Medicine Institute; in addition, he is a Leave No Trace Trainer and Outdoor Educator through the National Outdoor Leadership School.

For more information and to register:
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also: RabbiShefaGold.com